

## NEWSLETTER

OCTOBER 2017



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- 3 The Importance of Tutoring and Remedial in Cipanas

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### CIPANAS LIBRARY RENOVATION







This year, the YUM community library has been undergoing some basic upgrades, as well as expanding the reach of the educational programs, with the introduction of adult education.

Library renovations began at the end of May, at the same time as Ramadhan. Before the renovation, some of the windows were broken, the roof was leaking and the preschool students were using the public toilet. The floor was also old and musty, and the facilities were worn and out of date.

The floor has now been replaced with beautiful fresh tiles. As the renovations continue, items are being purchased and the library is being re-arranged. New books have been added to the collection, and some new rugs for the children to read on have been added, as well as brand new computers.

The adult education programs are still underway. We were fortunate enough to have support from a group of expert-consultants from the Jakarta Muhammadiyah University and psychologists from Grahita Institute of Applied Psychology. They helped run the workshops and make the Parenting Skills module.

Thank you very much for the Australian government's Direct Aid Program's generous support and trust in our organisation. Without your donation, none of this fantastic progress would be possible!

## KALIMANTAN VOCATIONAL TRAINING CENTRE

Youths in Kalimantan are frequently dropping out of school and lack valuable working skills. Kalimantan VTC is helping overcome these challenges by providing practical training.

The vocational training centre offers exciting and relevant courses for the those in Kalimantan to participate in. Some of these courses include a sewing program, English, computer, salon, food processing, job seeking and financial training.

A lack of knowledge has been identified for the process for applying for a job. The Job Seeking Skills Workshop helps by increasing participants familiarity with common processes that apply when formally seeking employment. The most recent job seeking session was held in June 2017. Some of the materials were about how to find a suitable job, how to make a good application letter and CV, and how to prepare for the interview. 20 adults and 70 students participated in the workshop.

Although great work is done, the VTC still faces many challenges, particularly in terms of funding for operational costs. As more and more youth are interested in learning skills to better their chance in getting employment, we need all the help we can get!



## HELP THE KALIMANTAN VOCATIONAL TRAINING CENTRE

YUM Vocational Training Centre would like to continue to assist the Kalimantan community to find employment. If you would like to send a donation please go to our website

http://www.yumindonesia.org/



## SUSTAINABLE AGRICULTURE



#### **Rosella Refreshment**

Ingredients:

20 buds of fresh rosella 5 tsp of sugar (If you like) 1 Liter of water

Ice cubes as needed

Rinse the flowers and take the petals. Heat the water till it boils, then add the fresh rosella petals.

Boil for approximately 15 minutes until the petals soften and the water becomes red. Lift and strain.

Add sugar and boil until sugar dissolves, remove from heat and let cool.

Prepare a glass filled with ice, add rosella syrup to taste and stir until blended, serve. Drink while warm or with ice, it will be healthier without sugar. In the Bukit Batu district, YUM is working with local communities to create hundreds of sustainable home vegetable gardens. This helps provide a year-round supply of nutritious produce for the community.

The district suffers from poor soil fertility, with acidic soils of sand and peat. Most vegetables and fruit are imported, rarely fresh, and often contain high levels of chemical residues. The POSKa program helps families overcome the challenges and grow organic produce, and helps them support themselves by making an income.

The POSKa program supports the local community at the same time as improving their health. Our AVI volunteer, Adam, is working closely with our agriculture team to develop different marketing and educational material, to increase vegetable sales.

An unexpected discovery during the program has been the lack of awareness of the benefits of organic produce in the area of Palangkaraya, with a very low to non-existent level. Attention of the program is now on educating the community about the health benefits of organic fruit and vegetables.

#### **DID YOU KNOW?**

Rosella is rich in vitamin C and boosts your immune system.

### TUTORING AND REMEDIAL

In 2013, the Tutoring and Remedial program in Cipanas began with just 25 students and 2 tutors. Now in the fourth year of the program, it has expanded to around 90 children with 7 tutors and study groups.

In an Indonesian classroom, there are often 40-50 students taught by one teacher alone. This means that students may not get the attention needed to be able to thoroughly understand the content of the lesson. The tutoring and remedial program is important, as it helps fill this gap. The class sizes are limited to just 10-15 students, which helps provide them with much needed attention to assist with learning the content of the lesson.

In June, another impressive school year finished, with even more students' graduating with satisfactory grades. Most of the children in Cipanas come from disadvantaged families with a low income. Their parents may not be well educated, which makes it difficult for the children to get the assistance they need outside the classroom. The Tutoring and Remedial Project has become an essential project in Cipanas, to help fill these gaps.



"I have been participating in this program since I was in the first grade, now I am in the fourth grade. I can understand about the school lesson better and get more friends too. My tutor is Miss Eva. She is very kind and helpful. At home, none could help me studying. My parents are only elementary school graduated." Risma, 4th grade.

#### A word from our donor

### What do you like about the tutoring and remedial program that you sponsor?

I believe that remedial tutoring is an important element in the learning cycle. The program helps to reinforce what has been taught in school and to identify and fill knowledge gaps on a child-by-child basis. As a young student, I had the benefit of such a program and I am delighted to sponsor this initiative.

### How has your experience with YUM been so far?

My experiences with YUM have been excellent. I appreciate the accurate and detailed reports that show how our project is progressing. The people at YUM are forthright, trustworthy and fun to work with.

#### Signed by an Anonymous donor

# LEARN ORGANIC FARMING IN CIPANAS

The YUM Organic Farm offers education programs to schools and groups that provide a hands-on interactive learning experience. In August, the Jakarta Intercultural School (JIS) visited for the Organic Farming Program, which they have done since 2011.

The Organic Farming program fits perfectly with the students Science curriculum. What they learn on the farm directly builds off what they learn in the classroom. The students at JIS also have their own garden, for which they purchase their seeds from YUM. Last year, their eggplants, kaylan and lettuce seeds thrived.

We spoke with some of the friendly teachers about their experience on the farm. For one teacher, it was her third time attending the farm. She also told us that she discovered our Organic Vegetable delivery through the program, and has been a monthly customer ever since.

The day ran very smoothly, and the students had an enjoyable time getting their hands dirty while learning about processes such as composting, making natural insecticide, planting, transplanting and cleaning seedlings and plants.



If you have interest to organise an Organic Farming Workshop, send an email to sisca@yumindonesia.org.

If you would like organic vegetables delivered to your door, simply head over to http://www.yumindonesia.org/
organicfarmcipanas
for more information.



### THANK YOU TO OUR VOLUNTEERS



#### Julie

Julie volunteered with YUM in January. She was responsible for assisting YUM in developing our Social Enterprise for sustainability and self-funding. Julie worked in Jakarta, but also visited YUM in Cipanas. Her role involved composing recommendations for YUM's social enterprises, and came up with a new idea: Yoga Retreats! Thanks to Julie for the help you provided!

#### **Amelia**

Amelia also helped in both Cipanas and Jakarta, starting in May. She assisted with report editing, and also produced 3 short video documentaries for YUM's English class, sewing class and computer class. Amelia volunteered at YUM for about 1 month. Thank you Amelia, for all your help!



#### **CONTACT US**

Wisma Subud #20, Jl Fatmawati No.52 Jakarta Seletan 12430, Indonesia Tel: +62 (21) 769 8505 Fax: +62 (21) 769 8504

Email: jakarta@yumindonesia.org

Project Office - Cipanas Cipanas YUM Village Jl. Mariwati RT. 010/01 Kampung Sindang Layang Desa Cibadak, Kec. Sukaresmi Kab. Cianjur, Jawa Barat 43253 Tel: +62 (263) 514805

Project Office - Central Kalimantan Kalimantan YUM Village Jl. Bukit Tunggal Suka Mulia, RT 10/ RW3 Tangkiling, Palangka Raya Kalimantan Tengah 73221 Tel: +62 811 5204387

#### DONATIONS

To find out how you can help improve the lives of poor families in Indonesia, log on to the "Donate" page on our website and help give communities the tools they need to break the cycle of poverty.

www.yumindonesia.org

